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Napa County Historical Society

# Echoes of the Valley: Who Tells Our Story

# GUIDE TO TELLING YOUR STORY

*Stories We Don't Want History to Forget*

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ANY TOPIC

2022

SELF RECORDED

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# CONTACT INFO

- **Full Name:**

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- **Address:**

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- **Phone:**

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- **Email:**

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Please fill out form and return with your recordings

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# CONSENT FORM

Welcome to Napa County Historical Society's  
*Echoes of the Valley: Who Tells Our Story*

Thank you for sharing your story with us

Before you begin

**The purpose of this project is to collect stories of everyday life from community residents. These stories will be recorded and archived. The archived stories will be publicly shared through the Napa County Historical Society's online catalog.**

**I agree to the use of my story by the Napa County Historical Society**

Please check the box and return with your contact information and recording

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# TIME TO BEGIN

- You may choose any of the topics presented in the following slides
- Please read through the questions and prompts, then organize your story before you record
- You can have a family member prompt you by asking the question that gets the story started
- Try to keep your story to 10 minutes



PICK A TOPIC

**10 minute story**

PHONE • COMPUTER • IPAD

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# WORK

- **What story would you like to share about your work**
  - **Prompts**
    - **Your story might be about your workplace,**
    - **Fellow workers or**
    - **The type of work that you do or used to do in the past.**
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# FAMILY TRADITIONS

- **Share with us a tradition that you and your family have or had.**
- **Prompts:**
  - **Can be any time or event**
  - **Maybe your family brought this tradition to Napa or created it once you were here**



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# SWEETHEART STORIES

- **Tell us a sweetheart story from your life**
- **Prompts**
  - **How did you meet your sweetheart, or**
  - **Where did meet**
  - **When was your first date?**



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# SCHOOL MEMORIES

- **Which school memory will you share with us**
  - **Prompts**
    - **Your story can be about any time in your school experiences,**
    - **Your school mates,**
    - **A teacher who influenced your life choices, or**
    - **A school event you participated in**
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# KITCHEN TABLE STORIES

*We don't want history to forget*

- **Which family story would you like to share with us**
- **Prompts**
  - **Your story can be about any time, an experience or a family event**
  - **It should be a story that has been told and retold among your family and friends**



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# GETTING READY

- *You can record your story on a phone, computer or iPad*
  - *Set a timer or stop watch for 10 minutes to help you stay on time*
  - *Find a quiet place to record your story*
  - *If you have a family member or friend prompting you rehearse before recording*
  - *Do a test run to see if there are any distracting background sounds.*
  - *State your full name at the beginning of the recording*
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# STORY TIME

## Start Recording

*Don't worry if you have to redo the recording several times*



PICK YOUR TOPIC

**10 minutes**

PHONE • COMPUTER • IPAD

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# SUBMITTING YOUR STORY

- *Take a picture of your Contact Information and Consent Form — upload them with your sound file recording*
  - *Title your sound file — **First Name Initial - Last Name - Date***
    - *(example “SSmith 20220210.mp3”)*
  - *Click on this URL to upload your files: <https://www.dropbox.com/request/Sb2ON9TvkvogYORlqEsM>*
    - *You **DO NOT** need a Dropbox account to upload!*
  - *Click **Add Files** then click **Files from computer** select your files and upload your sound file and the pictures of your forms.*
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# THANK YOU FOR SHARING YOUR STORY

Napa County Historical Society  
1219 First St. Napa, California 94559  
[info@napahistory.org](mailto:info@napahistory.org)

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ANY TOPIC

**NEVER STOP RECORDING HISTORY**

SELF RECORDED